

Topic: Safety Planning

Problem:

<input type="checkbox"/>	To Develop Safety Plan in Next _____ Days.				
	Tasks	Responsibility			Target Date
	Discuss and Identify Warning Signs and Triggers.	○ Client	○ Care Manager	Other:	
	Discuss and Identify People or Social Settings that Provide Distractions / Stress / Potential Harm.	○ Client	○ Care Manager	Other:	
	Discuss and Identify People I can Ask for Help.	○ Client	○ Care Manager	Other:	
	Discuss and Identify Internal Coping Strategies.	○ Client	○ Care Manager	Other:	
	Identify Professionals or Agencies I can Contact During a Crisis.	○ Client	○ Care Manager	Other:	
	Identify Nearby Hospitals or Medical Facilities.	○ Client	○ Care Manager	Other:	
	Discuss Plan for Environmental Emergency.	○ Client	○ Care Manager	Other:	
	Discuss Making Environment Safe.	○ Client	○ Care Manager	Other:	
	Research Social Support Programs or Services.	○ Client	○ Care Manager	Other:	
	Other:	○ Client	○ Care Manager	Other:	
<input type="checkbox"/>	To Adhere to Safety Action Plan for Next _____ Days.				
	Tasks	Responsibility			Target Date
	Develop and Provide Client with Copy of Developed Action Plan (Emergency Contacts, Resources, Providers, etc.)	○ Client	○ Care Manager	Other:	
	Follow-up with Client Regarding Safety Plan Adherence Every _____ Days / Weeks.	○ Client	○ Care Manager	Other:	
	Other:	○ Client	○ Care Manager	Other:	
<input type="checkbox"/>					
	Tasks	Responsibility			Target Date
		○ Client	○ Care Manager	Other:	
		○ Client	○ Care Manager	Other:	
		○ Client	○ Care Manager	Other:	
		○ Client	○ Care Manager	Other:	
		○ Client	○ Care Manager	Other:	

